



A World-Class Center for Restoring Your Digestive Health



Take Back Your Life, Free of Pain or Discomfort

Hunterdon Gastroenterology Associates — leading specialists in the diagnosis and treatment of digestive diseases and disorders — has been serving patients throughout central New Jersey with compassion and respect since 1982.

We understand how frightening it can be to suffer from an undiagnosed digestive condition or to anticipate the results of a critical medical test. We know how painful it is to live with chronic abdominal pain. We know you don't want to be sent from one doctor to another for testing, results, prescriptions or treatment.

We created Hunterdon Gastroenterology Associates (HGA) as a welcoming place where you receive state-of-the-art care in one location. At HGA, you'll have a team of dedicated and engaging medical specialists, supported by an incredible staff devoted to your comfort.

Our board-certified physicians have a well-deserved reputation for their superior training and medical skills. But what makes us especially proud is the praise we receive from patients like you who appreciate the friendly, compassionate and instructive approach we bring to the field of gastroenterology.

Expertise, leading-edge treatments and personal care: this is our formula for the exceptional experience and outcomes we strive to provide each day.

The HGA Difference

Accurate diagnosis: Every diagnosis begins with a consultation to give our patients time to discuss their symptoms and concerns and provide us with important clues to their health issues. This process, combined with our state-of-the-art technology, gives us the most advanced diagnostic capabilities available.

Collaborative medicine: Our physicians, physician assistant, nurses and staff work together in one central location, sharing their knowledge on a daily basis, both casually and formally, to ensure you receive exceptional care and effective treatment. Each team member is devoted to providing you with the compassionate, responsive care you deserve.

Appropriate treatment: We are committed to providing the right solutions for your condition with minimum recovery times. We perform over 6,000 procedures each year in our AAAHC-accredited ambulatory Endosurgery Center, offering you faster access to leading-edge treatment at a lower cost.

Preventive healthcare: Our Colon Cancer Prevention and Detection Program makes it more convenient, comfortable and affordable for you to have a regular colonoscopy. Our warm and friendly atmosphere is designed to make you feel relaxed, cared for and at ease before, during and after your procedure.



Taking you from discomfort back to health

Dealing with intestinal problems, acid reflux, ulcers, hemorrhoids and other digestive disorders is not only painful but also often hard to discuss. Too many people suffer in silence before seeking the help they need.

At Hunterdon Digestive Health Center, our first goal is to make you feel comfortable, from discussing your problems to finding the underlying cause of your digestive health problem to getting you appropriate and proven treatment for long-lasting relief.

Our specialists are superior diagnosticians who are backed by our in-house pathology and phlebotomy (blood draw) lab and leading-edge technology and procedures, including:

- BARRX™ Ablation
- Bravo pH capsule test
- Endoscopic ultrasound (EUS)
- Esophageal dilation
- Esophageal manometry
- Hemorrhoidal banding
- Hydrogen breath test
- Smart Pill
- 24-hour pH test

Improving quality of life through advanced treatment options

Once we have identified your condition, we offer the most innovative and proven solutions for treating it, from changes in your lifestyle or diet to medication therapy to minimally invasive surgical procedures. Our doctors will spend time explaining your diagnosis as well as your treatment options so you have all the information you need to make the right decision for your individual care.



We screen for all potential digestive problems, including:

- Acid reflux
- Barrett's Esophagus
- Celiac disease/ gluten intolerance
- Crohn's disease
- Diverticulitis
- Gallbladder disease
- Gastric ulcers
- Gastrointestinal motility disorders
- Hemorrhoids
- Hepatitis
- H. pylori
- Indigestion
- Inflammatory bowel disease
- Irritable bowel syndrome
- Liver disease
- Pancreatitis
- Ulcerative colitis

“ Twelve years ago, I was diagnosed with acid reflux but never had it properly treated. My primary doctor referred me to HGA. I felt at ease and in great hands from the moment I walked in the door. An endoscopy revealed I had Barrett's Esophagus, a precancerous condition. The specialists performed an advanced procedure called BARRX™ Ablation. The condition has healed, and now I have no acid reflux whatsoever. ”

— CAROL C.



Providing hope and compassion

Our board-certified gastroenterologists and hepatologists (specialists in the field of liver disease) are at the forefront of medical innovation in the diagnosis and treatment of liver disease. Because we never stop researching new cures and technologies, you can trust that you will have access to the latest developments in liver disease care and management.

Our hepatologists have years of experience with detailed assessment of liver function through blood tests, and they are frequently called on by referring doctors when results from liver function tests are unclear or indicate a complex or unusual problem. If we detect a problem, we will work with you and your family to develop the best plan to restore your health or manage a chronic disease. For patients with liver cancer, we will work in partnership with your oncologist to ensure seamless care.

Testing and solutions for the best outcomes

Your liver is the largest internal organ in your body and plays an important part in your overall health. When it is diseased or injured, it can cause significant problems, which may manifest as fatigue, weight loss, nausea, vomiting, fever or jaundice.

The Hunterdon Liver Disease Program focuses on diagnosing liver disease before it causes permanent damage. While some liver diseases are caused by such factors as alcoholism and hepatitis B and C, other forms of disease can be inherited or contracted due to viruses, chemicals, drugs or cancer.

“When I was 39, I contracted primary biliary cirrhosis. I had no energy and could barely climb a flight of stairs. I was put on a liver transplant list and was lucky to get a new liver before it was too late. The doctors at HGA helped me through it all and were always supportive. That was in 1994. Now I do everything, from climbing a volcano to bowling every week. Every day is a gift.”

— JOAN C.



Your ticket to a life without colon cancer

Colon cancer is not only the third most commonly diagnosed cancer and second leading cause of cancer-related deaths for men and women. It is also one of the most preventable.

Our goal is to make colon cancer detection as safe, easy and affordable as possible so you have no excuse to neglect regular screenings. We have designed our state-of-the-art endoscopy facility for your comfort, privacy and convenience. Our endoscopists are expert at performing minimally invasive, nearly pain-free screening procedures in our Endosurgery Center. To ensure you experience no anxiety or discomfort, we usually administer a sedative for our colonoscopy patients, which allows you to recover quickly without extreme grogginess.

If we discover polyps, we will remove them and send them to our in-house lab for the fastest analysis possible. We don't want you to have to wait any longer than necessary for results. Colorectal cancer is a very slow-growing disease. By removing polyps, we can reduce the risk of developing cancer by 90%.

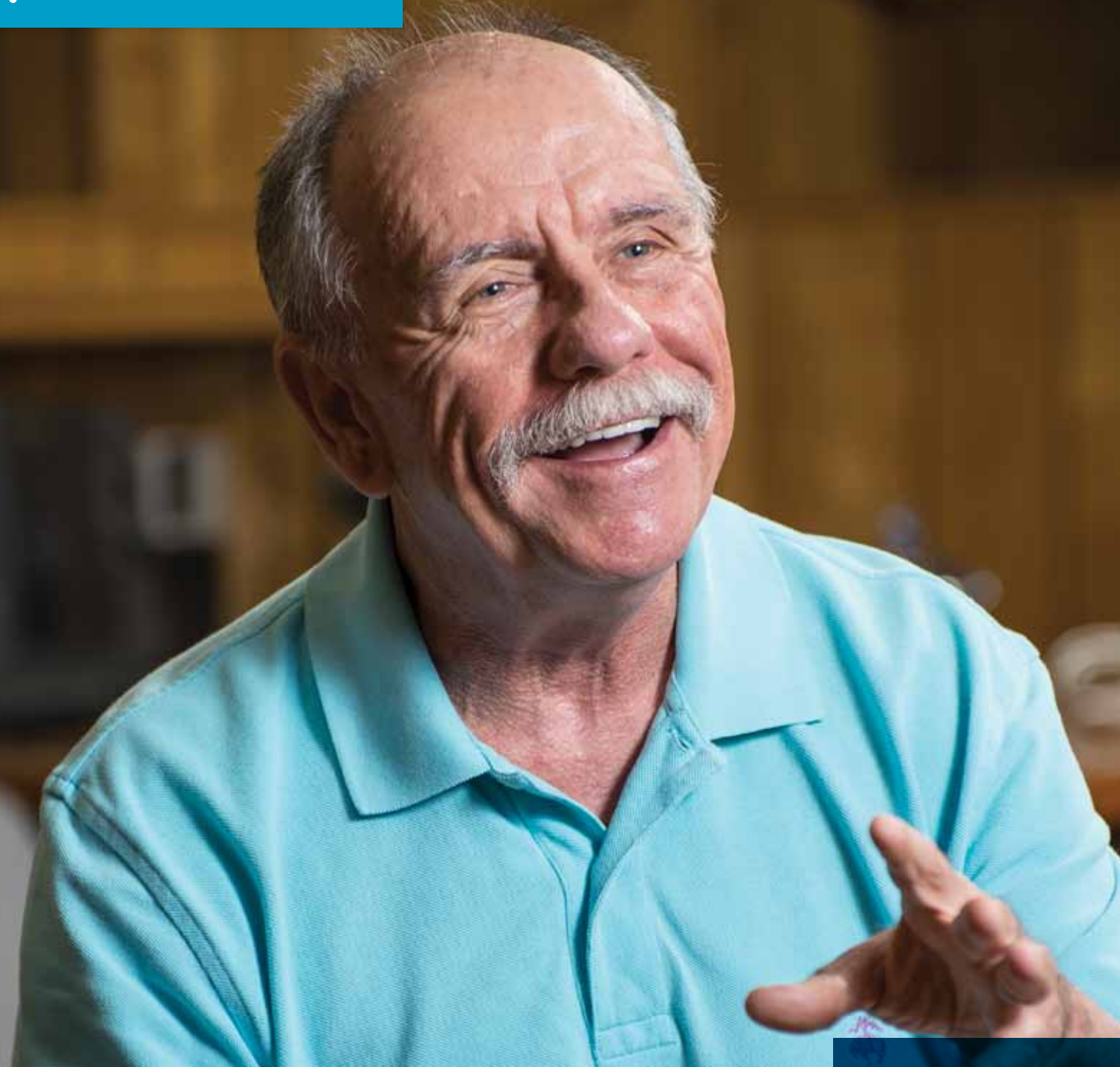


Who should get a colonoscopy?

- Everyone at average risk who is 50 or older should get a colonoscopy every 10 years.
- Anyone with a family history of colorectal cancer or polyps should have a first screening 10 years before the age your first-degree relative was diagnosed.
- Anyone with a history of inflammatory bowel disease.
- Anyone with a history of colorectal cancer or adenomatous polyps.

“ At 22, I was diagnosed with colon cancer — a rare aggressive form. I’ve had two surgeries and lost 25% of my body weight. But I feel great. Every single person at HGA treated me so well. They are like my family. I even invited them to my wedding! ”

— ASHLEY M.



Faster access to leading-edge treatment

At HGA, you don't have to go from one location for consultation to another for diagnosis to another for treatment. We provide all medical and endoscopic services under one roof.

Our ambulatory endosurgery center is accredited by the American Association for Ambulatory Health Care. It is the only one of its kind in Hunterdon County and offers faster access to high-quality, cost-effective treatment for disorders affecting digestion and the gastrointestinal tract.

Our medical specialists use the most advanced diagnostic equipment and technology and are supported every step of the way by an incredible staff of nurses, administrators and staff members who share our commitment to patient-centered care.

We set the standard for innovation in outpatient procedures

We perform a range of outpatient procedures that used to require a hospital visit, including:

- Upper endoscopy (EGD)
- Colonoscopy
- Flexible sigmoidoscopy
- Esophageal dilation
- Polypectomy

Partnering with your doctors for superior outcomes

As gastroenterology specialists, we have established strong collaborative relationships with referring doctors and related specialists, coordinating your care and giving you access to a network of medical experts, should you need further treatment.

If your primary care provider has referred you to us, rest assured our staff will work closely with his or her office, keeping them informed of your health status and progress. Additionally, we will file your insurance for you, and we accept all major credit cards.

To learn more about HGA or schedule an appointment, please call us at 908-483-4000 or visit us at www.HunterdonGastro.com.

“Following the extraordinary care my first wife received at HGA for her pancreatic cancer, I became a devoted patient. I come here regularly for my colonoscopy. In my opinion, you want a doctor who is respectful, truthful and has a sense of humor; someone who is an active listener, who asks questions and gives you a sense that they really care about your health. The doctors at HGA are like that.”

— JACK C.

For your safety, comfort
and convenience:

- Two locations to serve you
- Extended hours on Saturdays
- Recipient of the American Society of Gastrointestinal Endoscopy Quality Improvement Award
- Accredited by the American Association for Ambulatory Health Care

Schedule an appointment today.

908-483-4000

Main Office

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Meet Your Gastrointestinal Healthcare Team

Our board-certified physicians are dedicated to helping you have the best possible outcome and experience.

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Gilbert S. Cardoso, D.O.

Jason D. Matthews, M.D.

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